

Heirloom Meals Recipe Project Checklist



Write your recipes down!

This may seem obvious, but how many recipes just aren't written down? Here's an example: No formal recipe existed for my Nana's breaded and pan-fried chicken cutlets. While making them one day, I measured all the ingredients and wrote the steps. The recipe is now written down.



Ask to borrow the heirloom recipe box.

Copy or scan the recipes.



Create a digital archive.

- Scan old family photos of holiday meals, food photos, etc.
- Scan the stained and worn recipe cards.



Call your relatives.

- This is the fun part! Your mom, dad, aunt, uncle, grandmother, grandfather or special family friend will have memories worth hearing about and sharing.
- Record these in your Heirloom Recipe Journal.



Make the recipes. (Well, maybe not all of them!)

- Photograph them.
- Make notes about tips, special instructions, etc.



Type all the recipes.

- This is a great rainy-day project
- Divide and conquer assign family members a stack and make it a family inclusive project!



Record your memories about each recipe.

Start an Heirloom Recipe Journal and write snippets, recollections and stories about the recipes.

For more information about Heirloom Meals visit: www.HeirloomMeals.com

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